



News from Miss Tanner...



Need something to do in the holidays?

Visit this website to explore what you can do.

<http://childrensuniversity.com.au/adults/learning-destinations>

Attendance

Our Attendance rate: 92.4%

Our Goal: 93%

Almost there!



Road Safety

PLEASE use the school crossing when crossing the road to school.

PLEASE set a good example for our students to avoid anyone getting hurt!



Cybersafety

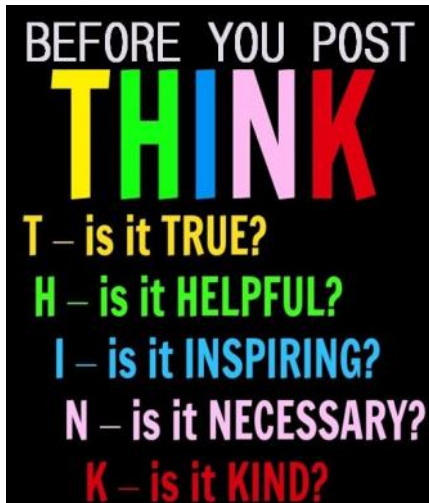
There are things you can do to help keep children safe online.

Filter unsuitable content or monitor their internet use.

If you decide to do this, make sure you are up front and explain your reasons. If you go behind children's back, it may encourage them to hide things from you.

You could:

- * Enable [Google SafeSearch](#) on all devices
- * Enable parental controls on streaming services such as YouTube, Netflix and AppleTV
- * Install software that filters content or lets you choose what times devices can be used/not used
- * Get to know how your child's phone or device works so you can help them use it safely
- * know children's email addresses and passwords so you can monitor activity. If you do this, remember to let children know what you are doing and why
- * Check the permissions you are giving when you or your children install a new app. Your personal data such as photos and documents might be accessible to others. Read unbiased reviews before installing apps
- * Know how your device stores data, and whether this is secure. Many devices use 'cloud storage', eg Google Drive or Apple iCloud, to store data such as documents, photos or videos.



The Protectors

When you are being bullied you have Protector Powers to help!



- * Walk away, get an adult
- * Put up your shield (no words can hurt you and you become resilient)
- * Make a joke at what they say
- * Tell them that it is not nice
- * Remain calm
- * Have a restorative talk
- * Report, block and delete
- * Do not be afraid

Restorative Justice

We are a Restorative Justice School. All classes are in the process of being trained in Restorative Justice so that every student is exposed to how to solve problems accordingly.

- What happened?
- What were you feeling at the time?
- Who has been affected by what you did?
- What do you think could be done to repair this?



Calming yourself

At times, children's behaviour or other things in life can challenge you and 'push your buttons'. When this happens remember one of the most important things you can do for your children is to regulate your own emotions. When children see you staying calm, they can learn to do this too. This is an important life skill.

When children's behaviour upsets you, remember they are probably doing something that is normal for their stage of development. How you feel about it and how you respond is up to you. You could ask yourself:

- do I really understand why my child is behaving this way?
- am I reacting based on my emotions, or what my child needs from me in this situation?
- am I being fair?
- am I being kind and patient?

Pausing and taking a deep breath before you react can make a big difference. Children need you to see things from their point of view and show you understand their feelings. If they have big emotions they need your help to calm down. You can choose to get angry, or use this as a chance to connect with your child and help them learn. If you are concerned about your child's behaviour contact a professional.

When you stay calm you are showing children how to regulate their emotions. This is an important life skill they can

